

## Extension activities 2015

| Sl no. | Details of campaign   | Date                     | Organized by  | Beneficiaries               |
|--------|---|--------------------------|---|-----------------------------|
| 1      | Wear Helmet Protect yourself- Helmet Awareness Programme Marathon | 05-04-2015 to 12-04-2015 | Sri Siddhartha Medical College and Hospital, Tumkur | Tumkur Population           |
| 1      | Celebration of WHO day  | 07-04-2015               | Sri Siddhartha Dental College and Hospital, Tumkur  | Out patients and students   |
| 3      | International laborer day   | 01/05/2015               | Sri Siddhartha Dental College and Hospital, Tumkur  | 239 Laborers                |
| 4      | No tobacco day  | 31/05/2015               | Sri Siddhartha Dental College and Hospital, Tumkur  | Population                  |
| 5      | Environmental day   | 05/06/2015               | Sri Siddhartha Medical College and Hospital, Tumkur | Medical and Dental students |
| 6      | Doctors day   | 01/07/2015               | Sri Siddhartha Dental College and Hospital, Tumkur  | Dental Students             |
| 7      | Oral Hygiene And Its Role In Health- On Event Of Oral Hygiene Day | 01-08-15                 | Sri Siddhartha Dental College and Hospital, Tumkur  | Out department patients     |
| 8      | World AIDS day  | 01/12/2015               | Sri Siddhartha Dental College and Hospital, Tumkur  | Patients                    |



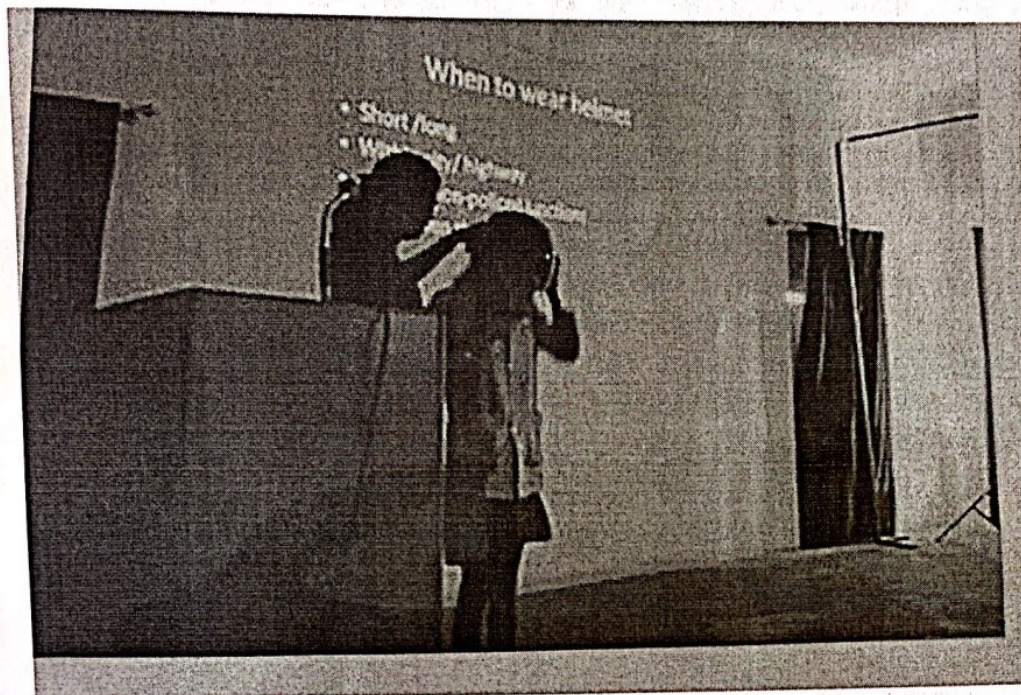
**Wear Helmet Protect yourself- Helmet Awareness Programme  
Marathon**

| Sl. No | Name of faculty  | Details of campaign   | Date                     | Organized by  | Beneficiaries     |
|--------|--|---|--------------------------|---|-------------------|
| 1      | Dr. Bharateesh JV<br>Dr. Mythri H<br>Dr. Darshana B<br>Dr. Mohan CT<br>House surgeons<br>Students – Final Year | Wear Helmet Protect yourself- Helmet Awareness Programme Marathon | 05-04-2015 to 12-04-2015 | Sri Siddhartha Medical College and Hospital, Tumkur | Tumkur Population |

Wear Helmet Protect yourself- Helmet Awareness Programme was conducted by Sri Siddhartha Medical College and Hospital, Tumkur. During this programme Dr. Pallavi delivered talk on wear helmet protect yourself for our students at AV Hall She stressed on quality of helmet and seat belts as well. She demonstrated how to wear helmet too. On other days bike ride, role playing and marathon were conducted to spread awareness regarding helmet among Tumkur population



Wear Helmet Protect yourself- Helmet Awareness Programme Marathon





## **WHO DAY CELEBRATION**

World Health Organization was celebrated on 7<sup>th</sup> April 2015 at AV Hall, Sri Siddhartha Dental College and Hospital, Tumkur with its theme on promoting efforts to improve food safety from farm to plate.

Target population: students, teaching and non teaching staff , Sri Siddhartha Dental College and Hospital, Tumkur

Lecture was delivered using power point presentation and in local language. Awareness regarding cleanliness while cooking and eating, food safety methods and use of organic food was emphasized.



WHO day





# SRI SIDDHARTHA DENTAL COLLEGE

## EXTENSION ACTIVITIES COMMITTEE

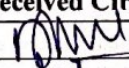
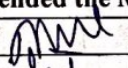


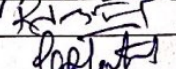
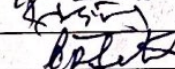
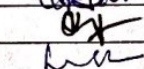
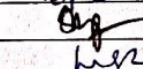
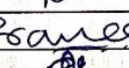
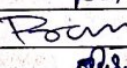




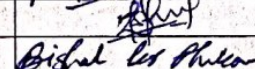
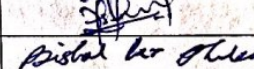


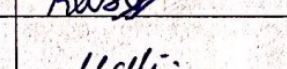
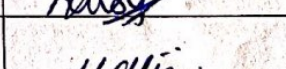


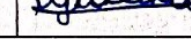
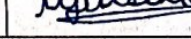


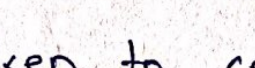
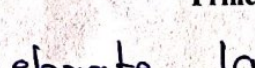


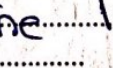
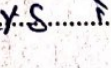
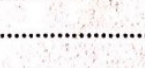
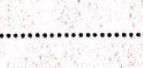


### Circular

Chair Person: Principal, S.S.D.C, TUMKUR

Co- Chair Person: Dr. Bharatesh J V, Prof & HOD, Public Health Dentistry

Meeting on Date: 28/04/2015

Agenda: Celebration of laborers day - May 01

| Department              | Designation    | Names of the committee members | Signature  |   |
|-------------------------|----------------|--------------------------------|--|---|
|                         |                |                                | Received Circular  | Attended the Meeting  |
| Public Health Dentistry | Prof & HOD     | Dr. Bharatesh J V              |    |    |
| Public Health Dentistry | Reader         | Dr. Mythri H                   |    |    |
| Public Health Dentistry | Reader         | Dr. Darshana B                 |    |    |
| Periodontics            | Reader         | Dr. Santhosh kumar R           |    |    |
| Periodontics            | Reader         | Dr. C P Satish                 |    |    |
| Prosthodontics          | Reader         | Dr. Raghavendraprasad S        |   |   |
| Conservative Dentistry  | Sr. Lecturer   | Dr. Girish S A                 |  |  |
| Oral Pathology          | Sr. Lecturer   | Dr. Praveen K. S               |  |  |
| Public Health Dentistry | Tutor          | Dr. Mohan C T                  |  |  |
|                         | I yr Student   | Miss. Mariam Akhtar            |  |  |
|                         | I yr Student   | Mr. Taza Tony                  |  |  |
|                         | I yr Student   | Miss. Vruna Bakshi             |  |  |
|                         | II yr Student  | Miss. Ashna ramesh             |  |  |
|                         | II yr Student  | Mr. Bishal kumar               |  |  |
|                         | III yr Student | Mr. Jeswin john                |  |  |
|                         | III yr Student | Miss. Kaucelya                 |  |  |
|                         | IV yr Student  | Miss. Malini kumarasekaran     |  |  |
|                         | IV yr Student  | Mr. Ujith Sankaran             |  |  |

Sd-  
Principal

Minutes of the meeting:

Decision was taken to celebrate laborers day on May 1<sup>st</sup> by conducting free checkup & necessary treatment for the laborers in and around the college.

Sd-  
Principal

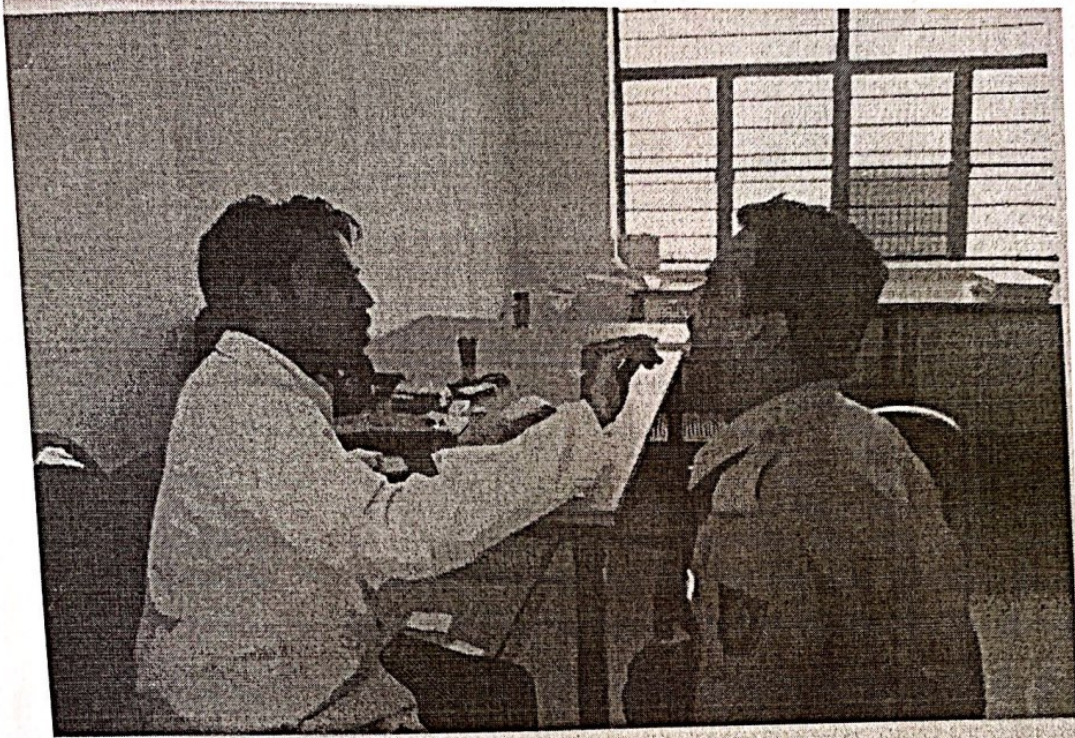


## INTERNATIONAL LABOURER'S DAY

- During May month we conducted camps for workers at their working site. Staff and students attended this programme.
- Oral health awareness programme was conducted among workers working in and around Sri Siddhartha dental college and hospital, Tumkur. We had conducted awareness programme at their working site like cement factory, Ammsandra, Rice mill, Mallasandra, Coconut factory, Mallasandra, Brick Factory Heggere and Granite Factory, Bheemsandra.
- We had conducted camp on 6<sup>th</sup> may 2015 at Lakshmi Narayana Enterprises, Rice Mill, Kallipalya, Gubbi and total benefitted workers were around 129.
- On 8<sup>th</sup> May 2015 we conducted camp at District Prison, Oorkere and total benefitted workers were around 110.
- Oral health awareness programme mainly on oral hygiene methods and tobacco cessation. Screening was done and patients requiring further treatment were referred to college.



International laborer day





# SRI SIDDHARTHA DENTAL COLLEGE

## EXTENSION ACTIVITIES COMMITTEE

### Circular

Chair Person: Principal, S.S.D.C, TUMKUR

Co- Chair Person: Dr. Bharatesh J V, Prof & HOD, Public Health Dentistry

Meeting on Date: .....14.10.2015

Agenda: .....Celebration of 'No Tobacco Day'.....

| Department              | Designation    | Names of the committee members | Signature         |                      |
|-------------------------|----------------|--------------------------------|-------------------|----------------------|
|                         |                |                                | Received Circular | Attended the Meeting |
| Public Health Dentistry | Prof & HOD     | Dr. Bharatesh J V              |                   |                      |
| Public Health Dentistry | Reader         | Dr. Mythri H                   |                   |                      |
| Public Health Dentistry | Reader         | Dr. Darshana B                 |                   |                      |
| Periodontics            | Reader         | Dr.Santhosh kumar R            |                   |                      |
| Periodontics            | Reader         | Dr.C P Satish                  |                   |                      |
| Prosthodontics          | Reader         | Dr.Raghavendraprasad S         |                   |                      |
| Conservative Dentistry  | Sr. Lecturer   | Dr.Girish S A                  |                   |                      |
| Oral Pathology          | Sr. Lecturer   | Dr.PraveenK.S                  |                   |                      |
| Public Health Dentistry | Tutor          | Dr. Mohan C T                  |                   |                      |
|                         | I yr Student   | Miss. Mariam Akthar            |                   |                      |
|                         | I yr Student   | Mr.Taza Tony                   |                   |                      |
|                         | I yr Student   | Miss.Vruna Bakshi              |                   |                      |
|                         | II yr Student  | Miss.Ashna ramesh              |                   |                      |
|                         | II yr Student  | Mr.Bishal kumar                |                   |                      |
|                         | III yr Student | Mr.Jeswin john                 |                   |                      |
|                         | III yr Student | MissKaucelya                   |                   |                      |
|                         | IV yr Student  | Miss.Malini kumarasekaran      |                   |                      |
|                         | IV yr Student  | Mr.Ujith Sankaran              |                   |                      |

Sd-  
Principal

Minutes of the meeting:

Decision was taken to celebrate No Tobacco day at the college on 31 May 2015 in which counselling for smokers about quitting the habit, a walkathon was planned to create awareness among population regarding tobacco.

Sd-  
Principal



## **NO TOBACCO DAY**

- No Tobacco Day celebrated on 31<sup>st</sup> May 2015 as well as 27<sup>th</sup> June 2015 in association with Kidwai Cancer Institute.
- Students worked on making the placards and posters which were displayed during the programme.
- Whole month we kept awareness posters in the college corridors so as to create awareness among patients as well as accompanying persons.
- Students as well as other department staffs participated in this mega awareness programme- Rally.
- Screening Camps were conducted where screening of Oral mucosa lesions and oral cancers was done.
- Awareness programmes were conducted for different age group stressing more on their risk factors.

**Population Benefitted:** Tumkur district population





No tobacco day



# SRI SIDDHARTHA DENTAL COLLEGE

## EXTENSION ACTIVITIES COMMITTEE

### Circular

Chair Person: Principal, S.S.D.C, TUMKUR

Co- Chair Person: Dr. Bharatesh J V, Prof & HOD, Public Health Dentistry

Meeting on Date: ...28/07/2015

Agenda: ...Celebration of Oral hygiene Day - 2015

| Department              | Designation    | Names of the committee members | Signature          |                      |
|-------------------------|----------------|--------------------------------|--------------------|----------------------|
|                         |                |                                | Received Circular  | Attended the Meeting |
| Public Health Dentistry | Prof & HOD     | Dr. Bharatesh J V              | <i>[Signature]</i> | <i>[Signature]</i>   |
| Public Health Dentistry | Reader         | Dr. Mythri H                   | <i>[Signature]</i> | <i>[Signature]</i>   |
| Public Health Dentistry | Reader         | Dr. Darshana B                 | <i>[Signature]</i> | <i>[Signature]</i>   |
| Periodontics            | Reader         | Dr.Santhosh kumar R            | <i>[Signature]</i> | <i>[Signature]</i>   |
| Periodontics            | Reader         | Dr.C P Satish                  | <i>[Signature]</i> | <i>[Signature]</i>   |
| Prosthodontics          | Reader         | Dr.Raghavendraprasad,S         | <i>[Signature]</i> | <i>[Signature]</i>   |
| Conservative Dentistry  | Sr. Lecturer   | Dr.Girish S A                  | <i>[Signature]</i> | <i>[Signature]</i>   |
| Oral Pathology          | Sr. Lecturer   | Dr.PraveenK.S                  | <i>[Signature]</i> | <i>[Signature]</i>   |
| Public Health Dentistry | Tutor          | Dr. Mohan C T                  | <i>[Signature]</i> | <i>[Signature]</i>   |
|                         | I yr Student   | Miss. Mariam Akthar            | <i>[Signature]</i> | <i>[Signature]</i>   |
|                         | I yr Student   | Mr.Taza Tony                   | <i>[Signature]</i> | <i>[Signature]</i>   |
|                         | I yr Student   | Miss.Vruna Bakshi              | <i>[Signature]</i> | <i>[Signature]</i>   |
|                         | II yr Student  | Miss.Ashna ramesh              | <i>[Signature]</i> | <i>[Signature]</i>   |
|                         | II yr Student  | Mr.Bishal kumar                | <i>[Signature]</i> | <i>[Signature]</i>   |
|                         | III yr Student | Mr.Jeswin john                 |                    |                      |
|                         | III yr Student | MissKaucelya                   | <i>[Signature]</i> | <i>[Signature]</i>   |
|                         | IV yr Student  | Miss.Malini kumarasekaran      | <i>[Signature]</i> | <i>[Signature]</i>   |
|                         | IV yr Student  | Mr.Ujith Sankaran              | <i>[Signature]</i> | <i>[Signature]</i>   |

Sd-  
Principal

Minutes of the meeting:

Committee decided to celebrate oral hygiene day on August 1st 2015 by conducting free check up - providing free oral prophylaxis. On August 1st - distribute oral hygiene aids - toothpaste, mouthrinses, for the patients.

Sd-  
Principal



## **ENVIRONMENTAL DAY**

World environmental day was celebrated on 5<sup>th</sup> June 2015.

Students and staff of the college participated on this event with full enthusiasm. Students and staff participated in plantation drives to make their surrounding green. Saplings were implanted by the students in campus and they have to look after those plants till they complete their course. This concept is adopted by the University to make students environmental consciousness and inculcate caring responsibilities of their plants among students. To add on this we conducted "Best out of waste activity" among house surgeons to showcase their creativity.

Benefitted population: Siddhartha Medical Campus population and Sri Siddhartha Dental Students



Environmental day





**SRI SIDDHARTHA DENTAL COLLEGE**

**EXTENSION ACTIVITIES COMMITTEE**

**Circular**

**Chair Person: Principal, S.S.D.C, TUMKUR**

**Co- Chair Person: Dr. Bharatesh J V, Prof & HOD, Public Health Dentistry**

**Meeting on Date: 23/05/2015**

**Agenda: Celebration of Doctors Day**

| Department              | Designation    | Names of the committee members | Signature         |                      |
|-------------------------|----------------|--------------------------------|-------------------|----------------------|
|                         |                |                                | Received Circular | Attended the Meeting |
| Public Health Dentistry | Prof & HOD     | Dr. Bharatesh J V              |                   |                      |
| Public Health Dentistry | Reader         | Dr. Mythri H                   |                   |                      |
| Public Health Dentistry | Reader         | Dr. Darshana B                 |                   |                      |
| Periodontics            | Reader         | Dr.Santhosh kumar R            |                   |                      |
| Periodontics            | Reader         | Dr.C P Satish                  |                   |                      |
| Prosthodontics          | Reader         | Dr.Raghavendraprasad S         |                   |                      |
| Conservative Dentistry  | Sr. Lecturer   | Dr.Girish S A                  |                   |                      |
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| Public Health Dentistry | Tutor          | Dr. Mohan C T                  |                   |                      |
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|                         | II yr Student  | Mr.Bishal kumar                |                   |                      |
|                         | III yr Student | Mr.Jeswin john                 |                   |                      |
|                         | III yr Student | MissKaucelya                   |                   |                      |
|                         | IV yr Student  | Miss.Malini kumarasekaran      |                   |                      |
|                         | IV yr Student  | Mr.Ujith Sankaran              |                   |                      |

Sd-  
Principal

**Minutes of the meeting:** Decided to host a function in the name of Birhan Chandra Roy.

Sd-  
Principal



## DOCTOR'S DAY

- Celebrated on July 1<sup>st</sup> 2015
- “Doctors Day” celebrated at AV Hall, SSDC Tumkur
- Target Population: Staff and students of SSDC, Tumkur.
- This function was celebrated in the memory of Bidhan Chandra Roy- a prominent Physician and freedom fighter of yester years and Bharatha Ratna awardee to commemorate the self less service of the Doctors on July 1<sup>st</sup> 2015
- We had invited Dr. Satyanarayan, Prof & Head, Dept. of Psychiatry, Sri Siddhartha Medical College and Hospital, Tumkur as guest speaker for the function, who delivered lecture on stress management.



Doctor's day





## ORAL HYGIENE DAY

Oral hygiene day was celebrated on 1<sup>st</sup> August 2015 at Out- patient Department, Sri Siddhartha Dental College and Hospital, Tumkur. Staff and students attended this programme.

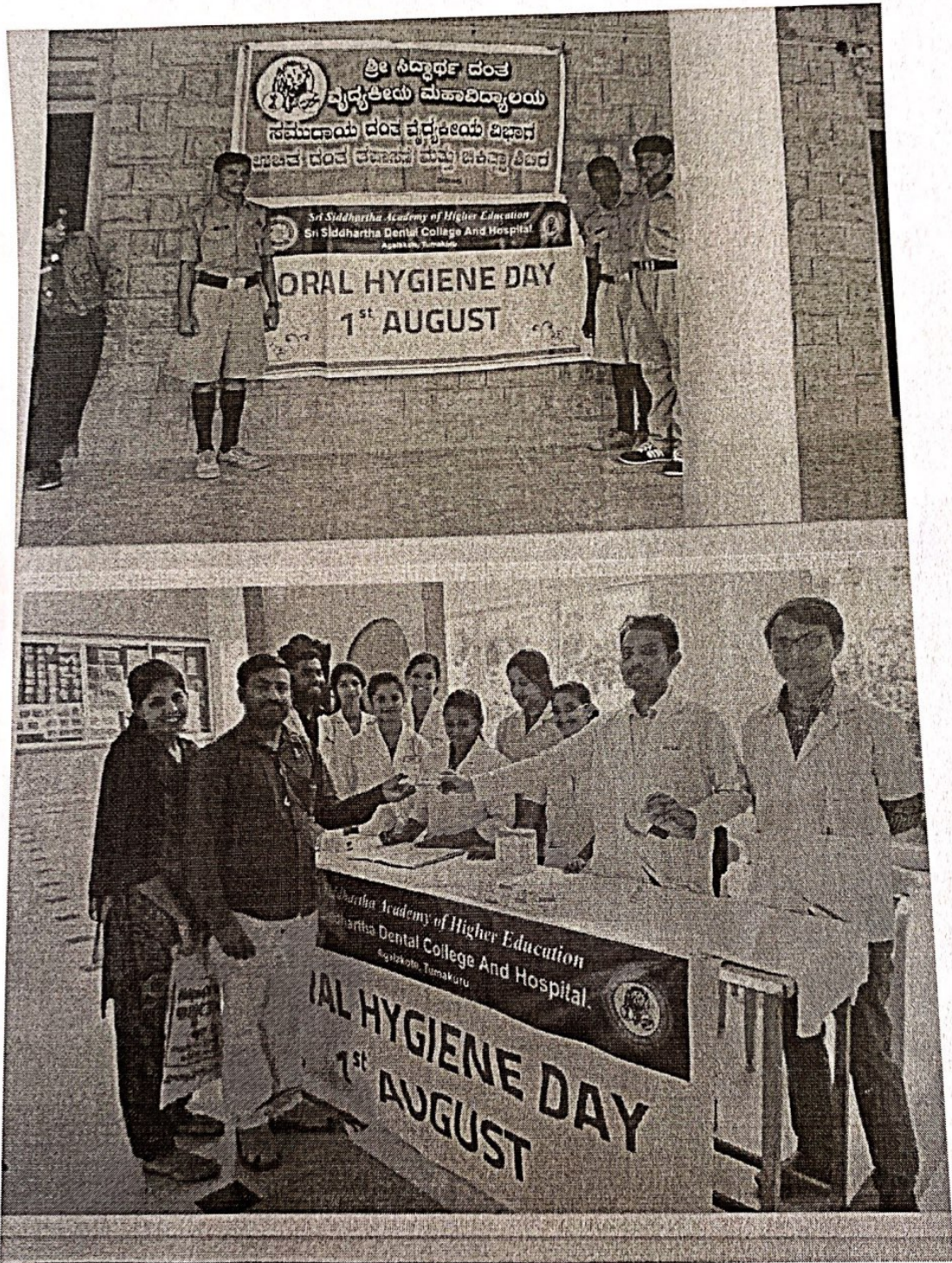
On this Oral hygiene day- Oral hygiene awareness programme was conducted for the patients visiting to dental college. Oral Screening was done and the oral prophylaxis was done at free of cost. Brushing method was demonstrated. Oral hygiene aids like tooth paste and mouth rinses were distributed to the patients.

Total beneficiaries: 45

Oral prophylaxis : 20



Oral Hygiene and Its Role in Health- On Event of Oral Hygiene Day





**SRI SIDDHARTHA DENTAL COLLEGE  
COMMITTEE FOR EXTENSION ACTIVITIES & ISR**

**Circular**

**Chair Person: - Principal, S.S.D.C.TUMKUR**

**Co-Chair Person: Dr. Bharateesh J V. Prof & HOD, Public health dentistry**

**Meeting on Date: 28/11/15**

**Agenda: Organizing Collage Competition for the students on the eve of "World AIDS Day"**

| Department              | Designation         | Names of the committee members | Signature          |                    |
|-------------------------|---------------------|--------------------------------|--------------------|--------------------|
|                         |                     |                                | Received circular  | Attended meeting   |
| Periodontics            | Reader              | Santhosh kumar R               | <i>[Signature]</i> | <i>[Signature]</i> |
|                         | Reader              | C P Satish                     | <i>[Signature]</i> | <i>[Signature]</i> |
| Conservative dentistry  | Sr. Lecturer        | Girish S A                     | <i>[Signature]</i> | <i>[Signature]</i> |
| Prosthodontics          | Reader              | Raghavendra Prasad             | <i>[Signature]</i> | <i>[Signature]</i> |
| Public Health Dentistry | Reader              | Mythri H                       | <i>[Signature]</i> | <i>[Signature]</i> |
|                         | Reader              | Darshana Bennadi               | <i>[Signature]</i> | <i>[Signature]</i> |
|                         | Tutor               | Mohan CT                       | <i>[Signature]</i> | <i>[Signature]</i> |
| Oral Pathology          | Sr Lecturer         | Praveen                        | <i>[Signature]</i> | <i>[Signature]</i> |
| Student members         | 1 <sup>st</sup> BDS | Marjam Akhtar                  | <i>[Signature]</i> | <i>[Signature]</i> |
|                         |                     | Taza Tony                      | <i>[Signature]</i> | <i>[Signature]</i> |
|                         |                     | Vruna Bakshi                   | <i>[Signature]</i> | <i>[Signature]</i> |
|                         | 3 <sup>rd</sup> BDS | Jeswin john                    | <i>[Signature]</i> | <i>[Signature]</i> |
|                         |                     | Kaucelya                       | <i>[Signature]</i> | <i>[Signature]</i> |
|                         | 4 <sup>th</sup> BDS | Malini kumarasekaran           | <i>[Signature]</i> | <i>[Signature]</i> |
| Ujith Sankaran Sanker   |                     | <i>[Signature]</i>             | <i>[Signature]</i> |                    |

Date: 2<sup>nd</sup> BDS  
 Bishal  
 Ashna Ramesh  
*[Signature]* Sd-Principal

**Minutes of the meeting:**  
 Decision was taken to organize and execute a collage competition for all the students of the college on the eve of "World AIDS Day".

Date: 28/11/15  
*[Signature]*  
 Chairperson  
 Committee For Extension Activities & ISR  
 Sri Siddhartha Dental College, Tumkur



## Report on

### WORLD AIDS DAY – 2015

#### Extension Activities and Institutional Social Responsibility Committee

#### Sri Siddhartha Dental College and Hospital,

#### Sri Siddhartha Academy of Higher Education, Tumkur, Karnataka

World AIDS day - 2015 was celebrated on 01/12/2015 at Sri Siddhartha Dental College, Tumkur by extension activities and institutional social responsibility committee members. With kind permission of our beloved principal Dr. K. R. Kashinath, committee had organized collage competition for undergraduate students. Competition was scheduled from 10am to 11 am at preclinical prosthodontic Laboratory, SSDC, Tumkur. Theme for collage competition was announced by Principal and it was "Getting to zero; ends AIDS by 2030- Its time to act now". There was enthusiastic participation by the UG students who showed their creativity through paper cuttings and arrangements. Dr. Pallavi Sarja U, Dept. of Community medicine and Dr. Sharadevi Y.M, Dept. of Microbiology Sri Siddhartha Medical College and Hospital, Tumkur judged the completion. All the participants were given participation certificates and winners and runner ups were given cash prizes too. These posters were displayed at the reception counter area to create awareness of AIDS among Patients by Staff and students..

#### Organizing Co- ordinators:

Dr. K.R.Kashinath, Chairperson IQAC/ Principal

**Chair Person :** Dr. Bharateesh JV

**Members –** Dr. Darshana B, Dr. Mythri H, Dr. Mohan CT, Dr. Santoshkumar R, Dr. CP Sateesh, Dr. Girish SA, Dr. Raghavendraprasad, Dr. Praveen

**Student members:** Ms. Mariam Akthar, Mr. Taza Tony, Ms. Vruna Bakshi (I Yr)

Ms. Ashna Ramesh, Mr. Bishal (II Yr)

Mr. Jeswin John, Ms. Kaucelya (III Yr)



## WORLD AIDS DAY – 1<sup>ST</sup> DECEMBER 2015

CENTRE: SRI SIDDHARTHA DENTAL COLLEGE AND HOSPITAL, TUMKUR



Extension committee members. organized collage competition for undergraduate students. Theme for collage competition was "Getting to zero; ends AIDS by 2030- Its time to act now". All the participants were given participation certificates and winners and runner ups were given cash prizes too. These posters were displayed at the reception counter area to create awareness of AIDS among Patients by Staff and students.

**Co-ordinators:** Dr. K. R. Kashinath, Dr. Bharateesh JV and members of Extension Activity and Institutional Social Responsibility Committee



**WORLD AIDS DAY -01/12/2015**



**Prize distribution by Judges – collage competition**



**Extension committee members and winner of collage competition**



Active participants:

