

# SRI SIDDHARTHA DENTAL COLLEGE AND HOSPITAL

AGALAKOTE, B.H.ROAD, TUMKUR-572107, KARNATAKA.

Recognized by Dental Council of India, NEW DELHI

A Constituent College of Sri Siddhartha Academy of Higher Education (Deemed-to-be-university) Accredited 'A' Grade by NAAC

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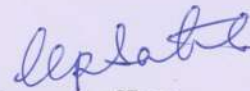
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## REPORT ON INTERNATIONAL YOGA DAY

An interactive session was organized on the occasion of International Yoga day by NSS committee on 21<sup>st</sup> June 2023. Resource expert was Miss. Pooja, Isha Hatha Yoga Teacher from Tumkur. A Yoga session was taken by Miss. Pooja for staff which was later followed by the program which is inaugurated by Principal Dr. Praveen B Kudva. Welcome address was given by Dr. Manjula K. T. Program was carried by simple meditation Kriya's like Isha Kriya and Pranayama for the staff and students. Program was successful. Vote of thanks was delivered by Dr. Manjula K T.



  
Program officer  
NSS unit

  
Signature  
Principal

Chairperson, IQAC,  
Sri Siddhartha Dental College,  
TUMKUR.